



Public Health Advisory

Food recall due to E. Coli

December 19, 2018

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The Department of Health is warning about a food recall issued by the Canadian Food Inspection Agency (CFIA) due to possible E. coli O157:H7 contamination on the following products:

Adam Brothers Family Farms – Cauliflower, Green Leaf Lettuce and Red Leaf Lettuce

Recalled products should be thrown out or returned to the store where they were purchased.

Food contaminated with E. coli O157:H7 may not look or smell spoiled but can still make you sick. Symptoms can include nausea, vomiting, mild to severe abdominal cramps and watery to bloody diarrhea. In severe cases of illness, some people may have seizures or strokes, need blood transfusions and kidney dialysis, or live with permanent kidney damage. In severe cases of illness, people may die. If you think you became sick from consuming a recalled product, call your local health centre.

For a full list of recalled products, please click [here](#) or call 1-800-442-2342 for more information.

Sign up for food recalls at:

<http://www.inspection.gc.ca/english/util/listserv/listsube.shtml>.

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